

National Disability Insurance Scheme (NDIS) in NSW: my first plan

September 2016

Easy Read version

What is a first plan?



If you are a NDIS participant, you will get a first plan.



Your first plan will talk about your needs and the goals you want to achieve.



Your first plan will include details about the supports and services you need to reach your goals.



You will choose your service providers.

You will choose which supports you receive.

Talking about your first plan



Someone from the NDIS will contact you, your family or carer.

They will make a time to talk to you about your first NDIS plan.

This is called a discussion.



You can bring a family member, carer or guardian along to the discussion to support you.

Get ready for your discussion



You should make sure you have information about your life and the supports you receive now.



If you receive supports from the NSW Government now, you will receive an information folder.

This information might include reports and assessments.



The folder will have all the documents to do with your support. Bring this information to your first plan discussion.

What happens after the discussion?



The information from the discussion will go into your first NDIS plan.



The plan will be made just for you and your needs.



It will also be compared to the plans of people with similar needs as you.



This helps us know if the types of support and funding you receive will meet your needs.

Reviewing your plan



Your plan will be reviewed after 1 year.



This is to make sure that you are still receiving supports that best suit your needs and help you reach your goals.



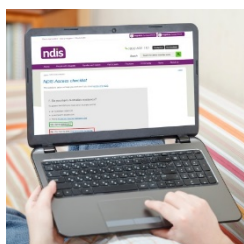
If your needs change a lot before then, you can ask for a review of your plan earlier.

Where can I get more information about my first plan

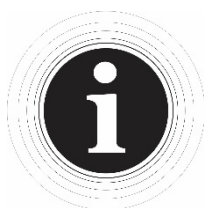


You can call the National Disability Insurance Agency on

1800 800 110



Or you can visit their website at www.ndis.gov.au



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