



# Preparing for the NDIS in New South Wales

The National Disability Insurance Scheme (NDIS) will roll out across New South Wales from 1 July 2016.

## What is the NDIS?

The NDIS is a new way of providing disability support and it is being implemented by the National Disability Insurance Agency (NDIA).

The details on how people will phase into the NDIS has been negotiated between the Commonwealth and New South Wales Governments.

The NDIS is being introduced in stages, because it's a big change and it is important to get it right and make it sustainable.

## How does the NDIS work?

The NDIS takes a flexible, whole-of-life approach to working with participants, their families and carers, to develop individualised plans. The NDIS provides participants with more choice and control over how, when and where their supports are provided.

It also provides certainty that they will receive the support they need over their lifetime.

The NDIS works to connect participants with community and mainstream supports. The NDIS funds the additional reasonable and necessary supports to help participants pursue their goals and aspirations, and participate in daily life.

Helping people to build their social and economic participation requires the NDIS to work closely with community organisations to identify opportunities for people with disability.

In New South Wales, there are many well-established community organisations who will be important in helping people with disability prepare for the NDIS.

They will also play a vital role in assisting people with disability to achieve their goals.

## How will people enter the NDIS?

Some New South Wales Government programs for people with disability have access requirements similar to the NDIS.

Before it's time for you to transition, you will be contacted by the National Access Team to discuss the process of transferring into the NDIS. At this time we will let you know the next steps to enter the scheme and develop your first plan.

### First Plan

Your first plan with the NDIS will continue to provide you the support you need now. To create your first plan you will be asked questions about your life and how you manage everyday activities, such as showering and dressing.

All of your NDIS plans will be created with you and then approved by the NDIA. Until you have an NDIS plan in place, you will keep receiving your current support. Your first plan will be in place for 12 months. This will give you time to think about how those supports are working for you, explore your interests and the opportunities available to you in the community to help you achieve your goals, before you do your next plan.

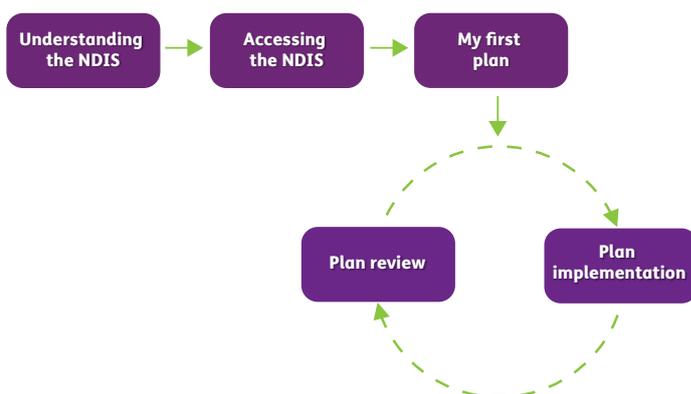
### Plan implementation

The first step is to make sure you understand your plan, the support it includes and which supports you will still need to receive from other sources, such as the health care system. You will be able to access your plan on the Participant Portal, an online tool that keeps all of your documents together.

### Plan review

Your first plan will generally be in place for 12 months before we look at it to make sure it is still the best plan for you. This is called plan review. This provides an opportunity for you to think about your goals in the short and long term. Knowing what you would like to work towards will help you think about the supports and services you may need to achieve those goals.

It is important that your NDIS plan, and any funded supports, continue to work well for you, helping you achieve your goals.



### What can I do to prepare?

Start thinking about your life, your future and what you would like to achieve. This will help you get ready for your first NDIS plan.

Information and resources to help you are available from [ndis.gov.au/nsw](http://ndis.gov.au/nsw).

### More information

<b>1800 800 110*</b>	8am to 5pm (AEST) Monday to Friday
TTY 1800 555 677	For people with hearing or speech loss
1800 555 727	Speak and listen
TIS 131 450	For people who need help with English
Follow us on Twitter @NDIS	Find us on Facebook <a href="http://facebook.com/NDISAUS">facebook.com/NDISAUS</a>

\*1800 calls from fixed lines are free. Calls from mobiles may be charged.