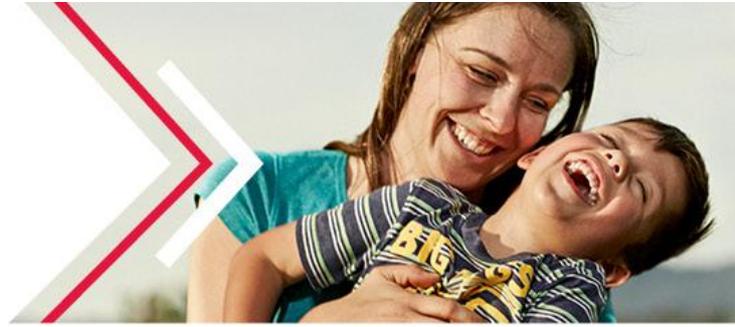


Fact Sheet

My first NDIS plan



Summary

This fact sheet is for people with disability planning to enter the National Disability Insurance Scheme (NDIS) as a participant. It provides information on what to expect in a first plan and how to prepare a first planning meeting.

What is a first plan?

The first plan process enables a large number of participants to enter the Scheme in a short time while ensuring that you, as a NDIS participant, remain at the centre of the planning process.

Your first plan as a National Disability Insurance Scheme (NDIS) participant will provide the supports and assistance you need now, including any additional supports for your unmet needs and your goals.

Will someone let me know when it is my turn to make my first plan?

Yes. When it is your turn to move into the NDIS, a NDIS representative will contact you, your family or carer by phone or by letter to confirm your eligibility for the Scheme and arrange to discuss your first plan.

What can I do to prepare for my first plan?

Before you attend your first planning meeting, you should collect information you have to take along. This information could include reports, assessments and anything else that will assist you to develop your plan. If you already have a plan you should take that along too.

Additionally, if you currently receive disability supports from the NSW government, you will receive a client dossier which will have your latest reports and information for you to take along to your meeting.



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If you do not currently receive specialist disability supports from the NSW Government you will have the opportunity to access the scheme when it starts in your local area, if you are in immediate need of assistance, and do not currently have support.

How can I access the NDIS?

To access the NDIS you will need to meet the NDIS requirements, which are set by the NDIA.

This will involve you completing an Access Request when the NDIS is available in your area and submitting it to the NDIA.

If you are found eligible for the NDIS you will need to arrange to meet with a support planner. The planner will work with you and discuss your goals and aspirations and the supports required to achieve them.

How can I prepare for the NDIS?

There are four easy next steps for people with disability who may be eligible for the NDIS:

1. Confirm when the NDIS will be available in your local area via the NSW NDIS website www.ndis.nsw.gov.au
2. Confirm if you may be eligible via the national NDIS website www.ndis.gov.au
3. Visit the My Choice Matters website www.mychoicematters.org.au or speak to a family member or carer for help in working out your goals.
4. Closer to when the NDIS is rolled out in your local area, contact the NDIA, www.ndis.gov.au or phone them on 1800 800 110.

